



TO THE SECOND ISSUE OF



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BIRIER

from the

EDITOR



Dean readers, Once I began the endless work for this magazine, and the first issue of Pretty Smart came out to the public, I've been so busy and anxious to get the next one out. With all the support from everyone, I've been so happy and thankful to be at this point in my life where everything is sort of coming together. Junior year is hard, but what I've found is that it's full of self discovery. I never knew I was capable of this. Starting a magazine was my wildest dream and here I am making it happen. It's surreal and amazing in every aspect. Because of all of you, this little dream is turning huge.

I've been so happy with everything, and I'm so blessed and fortunate to have you all behind me. I performed in the rock band concert, modeled for a thrift store in downtown Bangor, and now I've been invited into the applied media class. All of these things have left me with my jaw hanging for weeks, and I'm so happy that I get to share this magazine with you again after so much success.

Here's to so more in the future.



Jennifer Clawson

The super chic fashionista, XC star, and year long vegan has made on new mark on the world with her beautiful voice. She's created a YouTube channel that features her haunting—yet soulful singing, and even made her debut performance at the rock band concert.

HOW DID YOU GET INTO YOUR PASSION OF SINGING?

I can't even remember when I started singing. I was just always running around my house singing songs and pretending I was singing on stage when I was younger.

WHY DID YOU DECIDE TO POST

I decided to post videos to YouTube, because I always watched people post videos of themselves singing, and I thought that I could do it too. Eventually I just filmed myself singing and decided to post it.

WHAT DO YOU FEEL MOST COMFORTABLE IN ON STAGE?

Probably just something simple like jeans, a tshirt, and sneakers.

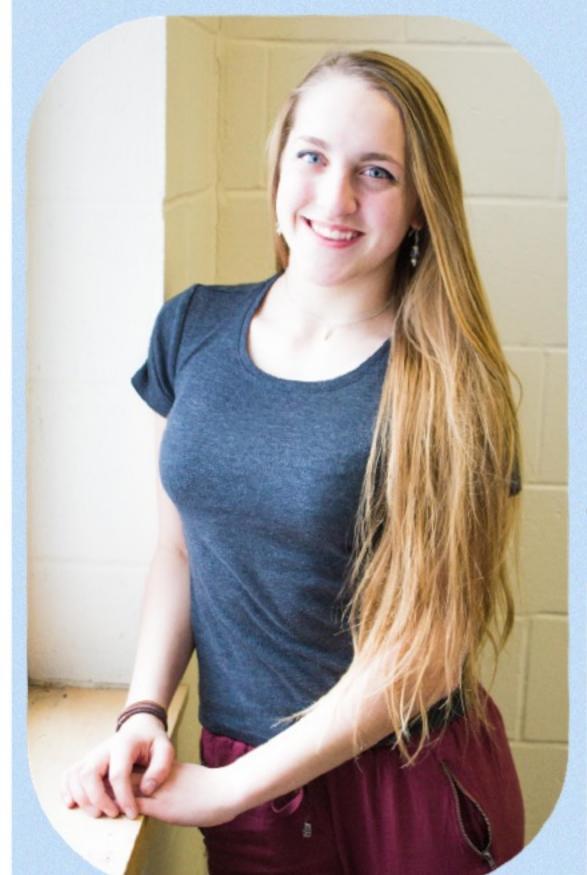
WHAT'S YOUR GO-TO KARAOKE SONG?

I don't have one specific "go to karaoke song," but I love to sing any song by Jason Robert Brown (specifically from The Last Five Years!), or maybe something by Ariana Grande because I know the lyrics to every one of her songs.

DO YOU WRITE YOUR OWN MUSIC?

Well.. I try. But I don't think I'm very good at it.





Alexandria Scuderi's undying determination in dance has been a steady theme throughout her life. Her snapchat stories and insta feed is filled with insanely rigorous dance routines you only see on tv. She's strong in every way a dancer can be. You don't have to ask her if she thinks she can dance—she knows she can.

WHY DO YOU LIKE TO DANCE?

Dance is the only thing that allows me to find myself and lose myself at the same time. I love the artistry, and passion behind the dances. Sure, anyone can do the steps, but it takes a true artist to tell a story with the choreography given. It's a dancers duty to translate these steps into something unique and beautiful, and to take the audience on a memorable journey.

WHAT'S YOUR FAVORITE DANCE OUTFIT?

Do I have to pick ONE? Okay so usually for ballet and contemporary and other more "pulled up" type dances I love my black strappy back leotard from So Danca. It has such an elegant neckline and detailed back, and it fits like a glove. I typically pair this with tan tights, unless I'm feeling super into ballet that day, then I'll wear light pink tights. The days that I do choose to wear shorts I'll grab my Nike pros, or a super fun and colorful pair of shorts by Body Wrappers. For Hip Hop I like to feel a little more grungy and comfortable, so I'll toss on a baggy shirt and my Hiram pants, and throw my hair into a super high ponytail or leave half of it up and the rest down.

WHAT'S YOUR FAVORITE KIND OF DANCE?

That's a really hard question for me to answer, because it can change depending on my mood that day. Usually it swings between contemporary/lyrical, hip hop, or acro.

HOW DID YOU GET INTO DANCE?

When I was about two years old my mom took me to watch on of my cousin's recitals, she said that I was dancing the whole time, and copying the movements of the dancers on stage.

HOW DO YOU MAKE IT THROUGH A DANCE CLASS THAT'S ALL DAY LONG?

Lemon water is basically my life. Also greek yogurt and salty snacks (like hard pretzels) are some things that I live off of. Since I have abnormally low blood pressure I need to have a more sodium in my diet so I don't feel lightheaded. Another obsession of mine is Craisins...I just really like snacks.



A WEEK IN MORGANA'S CREATIVE CLOSET! MORGANA VICK

Monday



Vibrant colors and extra layers makes for a less tiring first day of the week

Tuesday

A distressed jacket with clean converse makes for a relaxed and classic look







The last day before the weekend calls for patched denim and a beanie

Wednesday

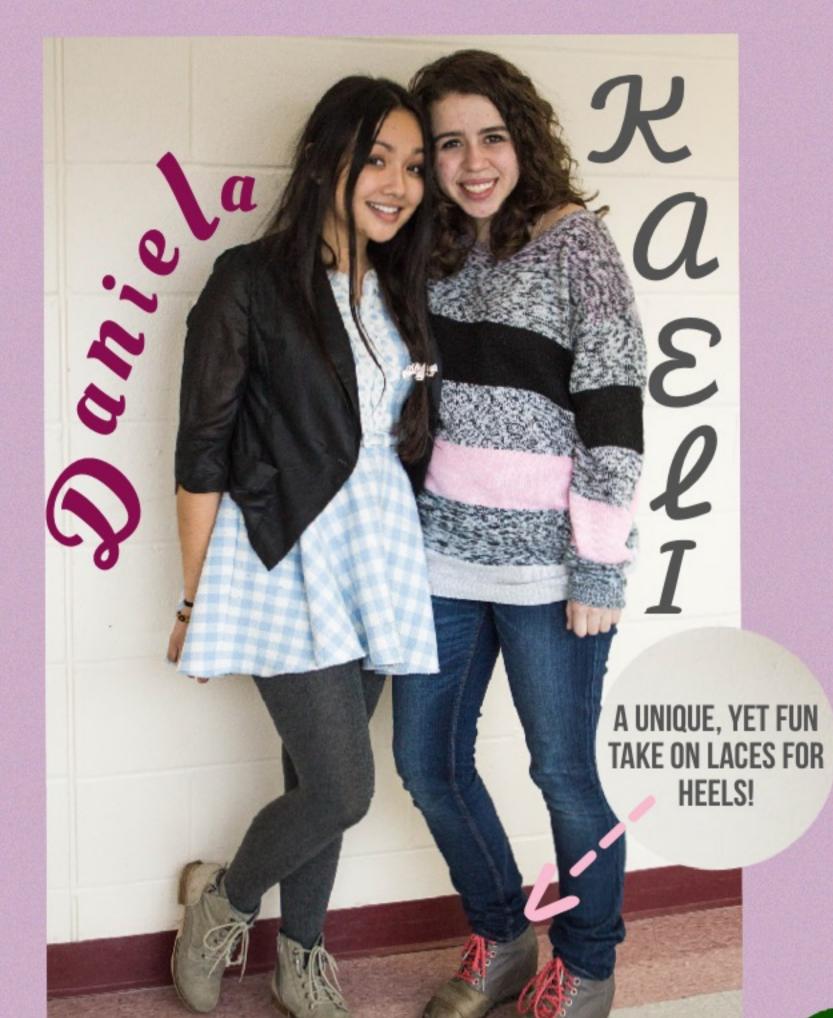
Bold colors and stripes are perfect for any day, but on hump day it pops in such a dragged on week

hursday

A cute poncho screams ultimate style queen



A STATEMENT TEE SHOWS HUMOR AND GIVES A SUBTLE HINT ABOUT YOUR CHARACTER.





FASHION







ELENA & ALICE

REPLY with ecstatic and endless

amounts of emojis the moment I ask them to feature on the cover.

They claim that they aren't models, and that they won't know how to pose, but they're excited to do it. From the pictures featured, anyone can see that their claim of being terrible models is false. They have such a natural beauty about them that's both inside and outside. They're genuine and hilarious, and it makes me want to be their best friend. Both of them are so open to so many new things, and their bravery astounds me.

Going to a new school sounds terrifying, but going to one hundreds of miles away sounds like extreme terror on a whole other level. But Elena & Alice don't see it as a horrible situation, and instead they put themselves right in the middle of all the activities at FA. They're involved with swim, cheering, and are willing to get into many more activities. They're making the most of their time at Foxcroft Academy, and they're having a blast so far.

Alice

Fav form of social media:

I'm kinda addicted to snapchat I have to admit.

What was your first impression of Maine?

I thought it was the worst place ever. I didn't know how people could handle a small city like this. After a few weeks, I didn't want to leave anymore. This small town is my home now.

Fav FA memory:

My first and last (unfortunately) homecoming. It was really loud. I loved it.

V-day memory:

Basically the guy I was dating brought flowers to my sister because he got confused.

Hometown:

Rome, Italy.

Style influence:

There isn't anything that influences my style I guess it's just something I feel good and comfortable in.

Why did you choose FA?

We chose FA by chance actually, because they only proposed two other schools and we felt like FA was the best one.

Fav music:

I don't have specific preferences. I listen to all kinds of music.

Fav color:

I know it's weird, but black.

Fav class:

International relation, because of Mr. Lavigne.

Fav food:

Is it too obvious to say pizza, because I'm Italian? And apple crisp!

Hobbies:

Sports, listening to music, and drinking coffee (haha).



ELENA

HOMETOWN:

Rome

STYLE INFLUENCE:

My style is influenced by what I see. By traveling and social media.

HOBBIES:

Sports and Netflix (haha).

FAV CLASS:

Latin just because I love Mr. Hartel. 😝

FAV COLOR:

Black.

FAV MUSIC:

I listen to all different kinds of music.

FAV FOOD:

Nachos with cheese dip. 😊 😊

FAV FORM OF SOCIAL MEDIA:

Snapchat. I am really addicted to it.

FAV FA MEMORY:

Football games. It was something new for me, and I loved to see all the people there and how they wanted to support our team.

WHAT WAS YOUR
FIRST
IMPRESSION OF
MAINE?

The first thing that I thought about when coming here was that there is a lot of green, woods, and nature! I thought for two months that Dover was just Family Dollar, Dunkin Donuts, and our school. I was kind of worried about it. It is really different from Rome, but I love it now. It is quiet and the nature is so beautiful. The sunset is my favorite part of Maine



twest

HAIRSTYLES FOR BUSY STUDENTS!

IF YOU WERE BRAVE ENOUGH, WHAT COLOR WOULD YOU DYE YOUR HAIR?

All out rainbow. Obviously. 6



FAV HAIR ACCESSORY? Honestly, I rarely use any, so I don't have a favorite. 💔

FAV HAIR STYLE?

I like half-ups, because they're easy and one of the few things that work, because my hair is so thin/fine.

Emily Sprecher

DIY BRAIDED BUN:

- **START WITH A REGULAR PONYTAIL**
 - 2 SLIDE THE PONY THROUGH A BUN-MAKER (STORE BOUGHT OR DIY SOCK ONE)
- 3 SPREAD YOUR HAIR OUT OVER THE BUN-MAKER AND WRAP A HAIR BAND AROUND IT
 - 4 MAKE TWO SEPARATE BRAIDS **OUT OF THE REMAINING HAIR**
- 5 WRAP THE TWO BRAIDS AROUND THE BUN IN OPPOSITE DIRECTIONS AND PIN.

Destrae Brann

IF YOU WERE BRAVE ENOUGH, WHAT COLOR WOULD YOU DYE YOUR HAIR?

Probably purple or gray/silver. It would go with a lot of clothes I have.

FAV HAIR ACCESSORY?

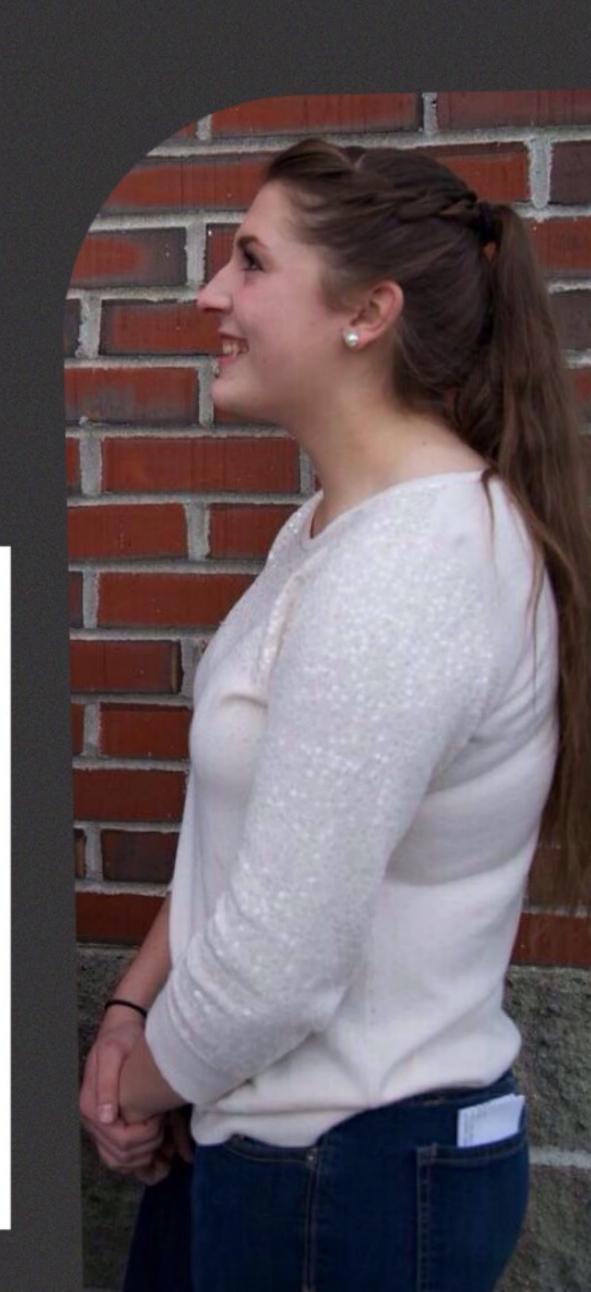
Bobby pins!! For sure. They're so helpful.

FAV HAIR STYLE?

No matter what way I wear my hair it has to have some type of braid in it. I usually do a twist braid (the easiest one to do). My favorite is when I have two small side twist braids pulled back to the middle of the back of my head with my hair down and curled!

DIY TWISTED PONYTAIL

- MAKE TWO SIDE TWIST BRAIDS.
- 2 PULL THE BRAIDS INTO PLACE AS YOU PUT YOUR HAIR UP INTO A PONYTAIL.
- 3 DONE!



THE MILL

The mill has been transformed into a cafe with carefully crafted lattes and a chill hangout area for people of all ages to go to. Its popularity grows every second, and each new costumer is eager to come back a second time.

Mitchell Chasse & Sophia Kurzius tell us why it's worth the try.

The Mill is different, because the food we serve is nothing like the other restaurants around. We serve high quality food at a reasonable price. Its also a big space, so it can hold many different types of events (business meetings, parties, music concerts, or after school study groups).



My favorite soup is
the butternut
squash soup. It
comes with a side of
bread and tastes
like fall.

My favorite sandwich would be the Dam good sandwich; named after the historical dam outside of the windows of the cafe. It has honey mustard, apple slices, swiss and asiago cheese, and bacon. It's all melted together between telera bread.



My fav drink is the Chai Bubble tea, because it has these cool, almost gummy balls at the bottom and you get your choice of milk with chai flavor!



My favorite dessert is the coconut macaroons drizzled with chocolate!





I love the mocha- it's a perfect blend of sweetness and the distinct taste of coffee!

I love the spinach feta puffs. They are delicious and the spinach makes me feel like I'm still eating healthy!

The staff is so awesome, and the after school crowd is cool. It's just such a nice environment to hang out.





It serves different food unlike any other surrounding places.
The staff is something you can't beat. And it's so pretty!

Stress Buddies

a kindness club like no other

I created the stress buddy system at the beginning of the first semester last year. I saw around me how stressed everyone was when we got back into school, and I wanted to lessen that load for everyone, but I couldn't do it myself. I knew that with help from students around me, I could change the way students were feeling. I wanted them to feel like they had someone behind them, so I gathered all my friends together, and everyone agreed to help. We drew names, and I organized everything together so it'd work, and it's continued on every quarter since that day. As we enter the third quarter, I count my lucky stars that I have such great people in my life who want to help others out just as much. It's the best thing I could've done, and my heart swells each time I see a smile because of a notecard, gift, or baked good. It's definitely been worthwhile.

-Brianna Adkins

GIFTS FROM PAST STRESS BUDDY GROUPS



What is your favorite part of the stress buddy system?:

"Knowing I can make someone's day the slightest bit better, and getting surprise notes"-Hannah Vainio

Describe the stress buddy system in emojis:



What are you most excited about?:

"Seeing from afar how happy I will make my stress buddy"-Jessica Moore



Our tutors are friendly, nonjudgmental, and willing to work with you on any form of writing. We wont line edit, but were happy to discuss ideas, structure, citations, formatting, or any major grammar concerns. Our goal isnt to get you an A on your paper, but to improve your confidence and ability as a writer moving forward.

-Mr. Miller

WHAT'S THE WRITING CENTER?

The Writing Center is a student operated organization that offers writing help to anyone in the FA community. Our students are trained throughout the fall semester to hone their own writing skills and develop methods for onetoone tutoring.

-Mr. Miller

Mr. Miller and I committed to creating a writing center at FA while we were taking a grad class together. But the real creation happened when our fantastic coaches stepped in and brought everything to life. What we had hoped to institute pales in comparison to what has organically evolved into the Writing Center thanks to the commitment of our coaches and the support of the faculty and administration. The Writing Center is was truly created for the students, by the students. Even though its only been open a few weeks, I already see the culture of writing improving session by session.

-Mrs. Wright



WHY WOULD I NEED A COACH?

The writing center is a place for writers of all skills. There is no requirement that needs to be met in order to go, you just have to bring an assignment and a good attitude. You get free help on any writing piece, and knowledge that lasts forever.

HOW DO I MAKE AN APPOINTMENT?

Go to the writing center tab on the FA website and fill out the form or scan a QR code on one of the posters around the school.

WHERE IS THE CENTER?

In the Plouff room by the student center during periods 2, 3, & 4. It's placed in the library during periods 1 & 5.

WHO ARE THE WRITING COACHES?

A mix of sophomores, juniors, and seniors who are students at FA that have completed the writing center course.

GALENTINES



YOU DON'T NEED A MAN TO HAVE A GREAT V-DAY.

YOU DON'T NEED A SIGNIFICANT OTHER IN ORDER TO HAVE A DAY OF LOVE. TAKE A DAY TO LOVE, TREAT, AND PAMPER YOURSELF.

D8 NITE

MAKE YOU (19)



MAKE YOU (

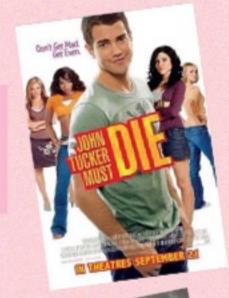


MAKE YOU













MOVIE SNACKS!

*MICROWAVE A BAR CHOCOLATE AND DRIZZLE IT **OVER PRETZELS FOR A DECADENT AND SALTY** TREAT

*DUMP ALL OF YOUR **VALENTINE'S DAY CANDY** INTO A BOWL TO PICK & **CHOOSE**

*FOR DIY SHIRLY TEMPLES, **POUR CHERRY JUICE INTO** SPRITE AND ADD AN **UMBRELLA**



MOCHA FACE MASK

A day loving yourself is the best way to spend Valentine's Day. The best way to love yourself is to give yourself a break. Let the stress die down and calm yourself. You have a week. You're good. From the wise words of Tom Haverford, "treat yo' self."

-2TBSP GROUND COFFEE -2TBSP COCOA POWDER -3TBSP MILK OR HEAVY CREAM -1TBSP HONEY

*DRAWING RELAXES THE MIND, SO TAKE A TRY AT THAT!

1). DRAW A BATH AND DROP IN A BATH BOMB, BUBBLE BATH, ETC.

2). SETTLE IN, AND PUT A WARM WASHCLOTH ACROSS YOUR EYES.

3).CRANK UP YOUR JAMS OR LET THE SOFT SOUNDS OF ED SHEERAN LULL YOU TO A PLACE OF RELAXATION.

A) DEAD A BOOK OR DO ANY

4). READ A BOOK OR DO ANY OTHER ACTIVITY THAT PUTS YOU IN A HAPPY PLACE!



EVENIS

ONE OF LAST ISSUE'S COVER GIRLS, BONNIE PAGE, HAS HER 17TH BDAY
ON FEBRUARY 16

SELECT CHOIR GOES TO THE JAZZ CHORUS FESTIVAL ON FEBRUARY 25



THE ONE ACTS ARE PERFORMING @ THE CENTER THEATRE ON FEB 26 @ 7



WINTER CARNIVAL SEMI FORMAL IS FEBRUARY 27 @ 8-11





ONE ACTS GO TO COMPETITION MARCH 4

INTERNATIONAL FOOD NIGHT IS MARCH 5@FA



a special

THANK YOU

to ...

DANIELA ZHANG

BONNIE PAGE

CALLIE BATES

EMILY SPRECHER

DESIRAE BRAWN

ELENA & ALICE

MITCHELI. CHACCE

SOPHIA KURZIUS

JESSICA MOORE

MORGANA VICK

SHYLER LEWIS

WRITING CENTER KAELI SUTTON

STRESS BUDDLY SYSTEM

MACI POULIN